# adjustable arms

Includes adjustable arm caps (ie. armrests) & adjustable arm width brackets.

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| 10A    | Black nylon straight upright height adjustable arm. | ![Image](image1.png) | 1. Arm height adjustment - While pressing the button located below the armrest, use your hand to raise and lower the arm height.  
2. Optional arm width adjustment (add -20AB) - Push the switch located beneath the arm forward. Use your hand to grasp the arm and adjust out to desired width away from seat. Each arm adjusts separately. When finished making adjustments, push the switch back to its original position. | Brisbane, Proform® & Terra. |
| 18A    | Black nylon full function arm with arm width adjustment included. | ![Image](image2.png) | 1. Arm height adjustment - While pressing the button located below the armrest, use your hand to raise and lower the arm height.  
2. Arm cap rotation - Grasp and lift arm cap to turn left or right, rotating a max of 15° each way.  
3. Included arm width adjustment (-20AB) - Push the switch located beneath the arm forward. Use your hand to grasp the arm and adjust out to desired width away from seat. Each arm adjusts separately. When finished making adjustments, push the switch back to its original position. | Brisbane, Riva & Terra. |
| 33A    | Black nylon 4u arm with forward tilt and 6 way adjustment. | ![Image](image3.png) | 1. Arm height adjustment - While pressing the button located below the armrest, use your hand to raise and lower the arm height.  
2. Arm cap rotation - Grasp and lift arm cap to turn left or right, rotating a max of 15° each way.  
3. Arm cap slide - Grasp and slide arm cap forward or backward, sliding forward a max of 2.5". | Unique to 4u paired with a black frame. |
| 35A    | White nylon 4u arm with forward tilt and 6 way adjustment. | ![Image](image4.png) | 1. Arm height adjustment - While pressing the button located below the armrest, use your hand to raise and lower the arm height.  
2. Arm cap rotation - Grasp and lift arm cap to turn left or right, rotating a max of 15° each way.  
3. Arm cap slide - Grasp and slide arm cap forward or backward, sliding forward a max of 2.5". | Unique to 4u paired with a white frame. |
| 38A    | Black nylon basic height adjustable arm. | ![Image](image5.png) | 1. Arm height adjustment - While pressing the button located below the armrest, use your hand to raise and lower the arm height.  
2. Optional arm width adjustment (add -19AB) - Push the switch located beneath the arm forward. Use your hand to grasp the arm and adjust out to desired width away from seat. Each arm adjusts separately. When finished making adjustments, push the switch back to its original position. | 4u, Brisbane, Genie®, GenieFlex, Proform®, Riva, Run II, & Voss. |
| 38AG   | Magnet grey nylon basic height adjustable arm. | ![Image](image6.png) | 1. Arm height adjustment - While pressing the button located below the armrest, use your hand to raise and lower the arm height.  
2. Arm cap rotation - Grasp and lift arm cap to turn left or right, rotating a max of 15° each way. | Unique to magnet grey frames as seen on GenieFlex & Run II. |
| 39A    | Black nylon height adjustable arm with roll back feature. | ![Image](image7.png) | 1. Arm height adjustment - While pressing the button located below the armrest, use your hand to raise and lower the arm height.  
2. Roll back arm feature - while pressing and holding the small button toward the top front on the silver circle, grab the arm and roll back to horizontal position. Repeat to lift back to upright position. | 4u, Brisbane, Brisbane HD, Genie®, GenieFlex, Proform®, Run II, Terra & Voss. |
| 51A    | Black polyurethane arm with optional 8-way adjustments. | ![Image](image8.png) | 1. Arm height adjustment - While pressing the button located below the armrest, use your hand to raise and lower the arm height.  
2. Optional arm cap rotation (add 18R & 20R) - Grasp arm cap and turn left or right to rotate a max of 15° each way.  
3. Optional arm cap slide (add 18R & 20R) - Grasp arm cap and slide forward or back (1.5”).  
4. Optional arm width adjustment (add -19AB) - Push the switch located beneath the arm forward. Use your hand to grasp the arm and adjust out to desired width away from seat. Each arm adjusts separately. When finished making adjustments, push the switch back to its original position. | Featured as the preferred, ergonomic, height adjustable arm for all task, conference & executive series. |
| 51AG   | Magnet grey polyurethane arm with optional 8-way adjustments. | ![Image](image9.png) | 1. Arm height adjustment - While pressing the button located below the armrest, use your hand to raise and lower the arm height.  
2. Optional arm cap rotation (add 18R & 20R) - Grasp arm cap and turn left or right to rotate a max of 15° each way.  
3. Optional arm cap slide (add 18R & 20R) - Grasp arm cap and slide forward or back (1.5”).  
4. Optional arm width adjustment (add -19AB) - Push the switch located beneath the arm forward. Use your hand to grasp the arm and adjust out to desired width away from seat. Each arm adjusts separately. When finished making adjustments, push the switch back to its original position. | Unique to magnet grey frames as seen on GenieFlex & Run II. |
| 52A    | White polyurethane arm with optional 8-way adjustments. | ![Image](image10.png) | Note: Static caps (18S & 18R) are standard with the 51A, 51AG, 52A & 53A. 4D adjustable caps (18R & 20R) are optional. | Unique to white frames as seen on 4u & Genie®. |
| 53A    | Polished aluminum arm with optional 8-way adjustments | ![Image](image11.png) | Upgrade version of the preferred height adjustable arm. | |