Oslo Intuitive articulating headrest.
Exclusive to the Oslo high back.

1 Position adjustment - Grasp the headrest on both sides and adjust forward or back to your desired position. The headrest tilts 35° from the starting, upright position.

Optimal positioning is achieved when the neck is able to relax and the weight of the head is supported by the rest during task work. This relieves pressure from the upper thorax and lower cervical region of the spine. The headrest can also be pushed back out of the way during downtime.