LS4B/LS4W Optional adjustable lumbar support.
4u mesh & 4u groove.

1 Lumbar position adjustment - From the seated position, use a hand to make adjustments by engaging the small, black lumbar adjustment lever. Slide the lever up to move the lumbar support up. Slide the lever down to move the adjustable lumbar support down.

Slide up = lumbar up.
Slide down = lumbar down.