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Arm height adjustment:
While lifting up on the small "switch", use your hand grasping the arm cap to raise and lower the arm height.

Arm cap slide:
Grasp and slide “arm cap” forward or backward, sliding forward a max of 2.5".

Arm cap rotation:
Grasp and lift “arm cap” to turn left or right, rotating a max of 15° each way.

Additional Width Adjustment:
(Only applies to 19AB):
Pull back on the “levers” under the arms to unlock and extend the arms outwards. Push forward on the levers to lock.

To put them back to normal simply just do the opposite. Unlock (pull back on the lever) and push the arms back in to place, and lock the arms by pushing the lever forward.
Carmel
user guide

9C/9CH control mechanism

Seat height adjustment:
Adjust the seat height by lifting your weight out of the chair and pulling up on the "paddle". Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

Back/recline tension adjustment:
Pull left “knob” out and turn right to tighten or left to loosen the back tension.

Single rotation back tilt lock adjustment (5 position): Tilt the seat back to desired angle and twist the “knob” a quarter turn. To unlock, twist the other way, leaning back to unlock.

Note: 9CH variation uses a heavy duty spring tension.
Seat height adjustment: Adjust the seat height by lifting your weight out of the chair and pulling up on the “paddle”. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

Back/recline tension adjustment: Pull left “knob” out and turn right to tighten or left to loosen the back tension.

Single rotation back tilt lock adjustment (5 position): Tilt the seat back to desired angle and twist the “knob” a quarter turn. To unlock, twist the other way, leaning back to unlock.

Seat slider: Pull up on “paddle” while shifting your weight forward to move your seat forward or backward to move your seat back.

Note: 10CH variation uses a heavy duty spring tension.
Seat height adjustment:
Adjust the seat height by lifting your weight out of the chair and pulling up on the “paddle”. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

Back lock adjustment (Single position): Use the same “paddle” as you use for the seat height adjustment. To lock the chair in an upright position, shift your weight forward until the chair is in an upright position. Then push lever in. To rock (free float) shift your weight forward and pull the lever out.

Back/recline tension adjustment: Rotate “knob” clockwise to increase tilt tension. Rotate knob counter clockwise to decrease tilt tension.
Seat height adjustment:
Adjust the seat height by lifting your weight out of the chair and pulling up on the “paddle”. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

Single rotation back tilt lock adjustment (5 position): Tilt the seat back to desired angle and twist the “right knob” slightly. To unlock, twist the other way, leaning back to unlock. The turn is smooth. All tilt lock angles can be reached within a single turn of the handle.

Back/recline tension adjustment:
Rotate knob right to increase tilt tension. Rotate “left knob” left to decrease tilt tension. Rotate within a single rotation of the knob to achieve any of the 7 distinct back tension levels.
Seat height adjustment:
Adjust the seat height by lifting your weight out of the chair and pulling up on the “paddle”. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

Back/recline tension adjustment:
Rotate knob right to increase tilt tension. Rotate “left knob” left to decrease tilt tension. Rotate within a single rotation of the knob to achieve any of the 7 distinct back tension levels.

Forward tilt adjustment (FT):
Push the “paddle” in the down position and lean back in the chair. You will hear a click when the forward tilt mechanism has turned on. Sit in your normal position to use the forward tilt feature. To turn off the forward tilt feature, lift the paddle in the up position and lean back in the chair. You will hear a click when the forward tilt mechanism has turned off.

Single rotation back tilt lock adjustment (5 position):
Tilt the seat back to desired angle and twist the “right knob” slightly. To unlock, twist the other way, leaning back to unlock. The turn is smooth. All tilt lock angles can be reached within a single turn of the handle.

Seat slider:
Pull up on “paddle” while shifting your weight forward to move your seat forward or backward to move your seat back.
Lumbar position adjustment: Turn the “knob” clockwise (forward toward front of chair) to increase lumbar support, pushing the lumbar cushion forward into the back. Turn the knob counter-clockwise (backward toward back of chair) to decrease lumbar support, moving the lumbar cushion away from the back. This adjustment is made from a seated position.

Clockwise = more lumbar support
Counter-clockwise = less lumbar support